

## KNOWLEDGE OF INFANT FEEDING IN SLUM AND URBAN AREA OF AGRA DISTRICT

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### ABSTRACT

Childhood is the crucial period of life span. The nutrition provided in this period affects the overall growth and development of child. Breastfeeding is the safest, least allergic infant feeding method. It has nutritional, immunological, behavioural and economic benefits and also provides desirable mother infant bonding.

The current study was designed to explore the Knowledge of mothers towards infant feeding. This study was carried out in slum and urban area of Agra District. 200 mothers were selected from Agra district. 100 samples belonged to slum area and 100 samples belonged to urban area respectively. An "Interview Schedule" was used to collect all necessary information regarding the knowledge of mothers on infant feeding. The data was collected, tabulated and analysed. Majority of slum and urban mothers agreed that breast milk is the best food for new born and mother of slum and urban area know that colostrum is first breast milk, 52.5. % believed that they should not feed the child when child has diarrhoea.

**KEYWORDS:** Infant Feeding, Knowledge, Exclusive Breast Feeding, Supplementary Feeding, Colostrum